

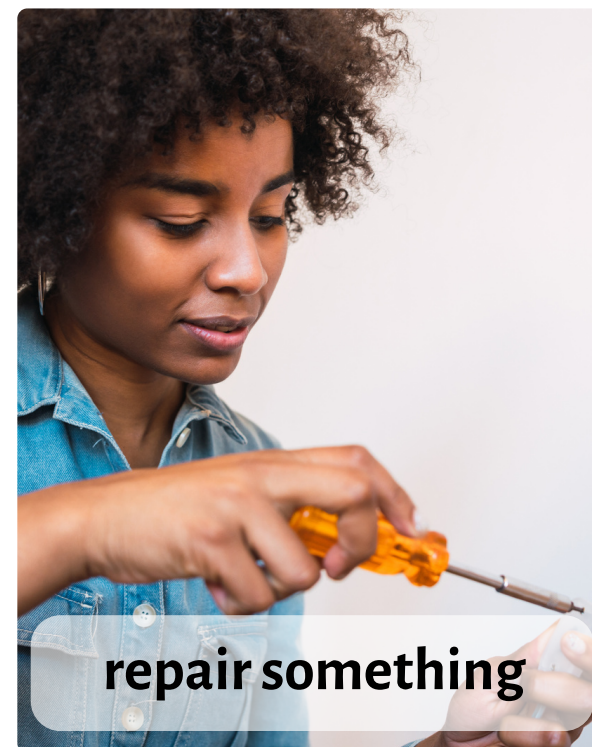
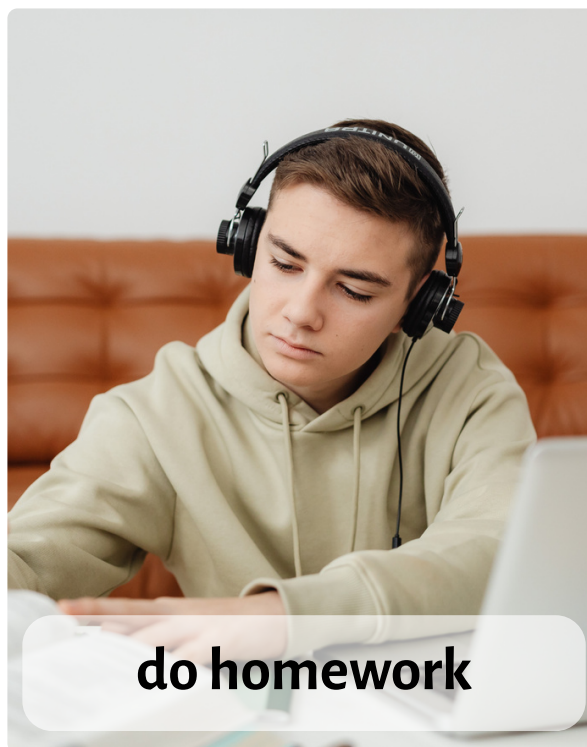
ALL BY MYSELF

Reflexive Pronouns

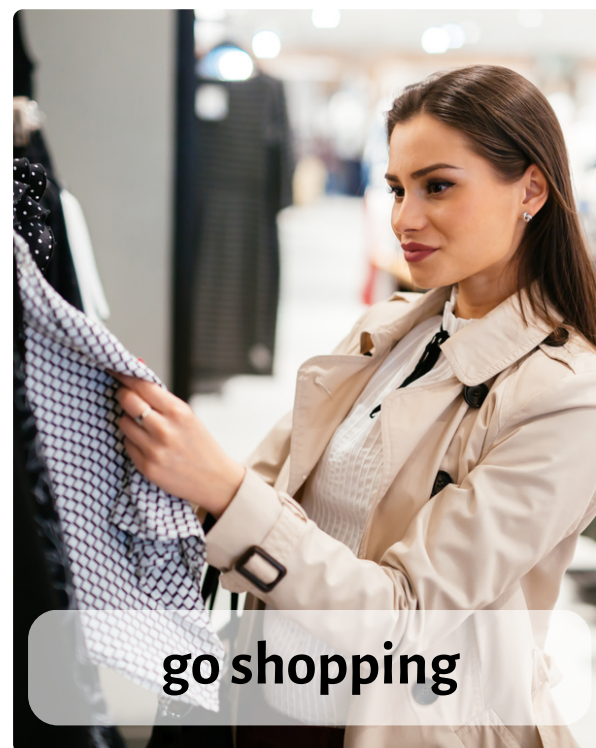


WHAT CAN YOU DO?

Work in pairs or small groups. Look at the pictures and answer the questions.



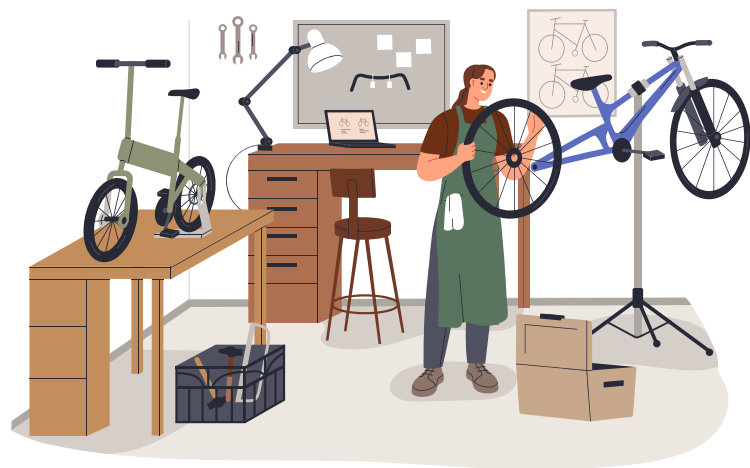
- Which things in the pictures can you do by yourself?
- Which things do you usually do with other people?
- Which activities are easy to do alone? Which are difficult?
- Do you like doing things by yourself, or when someone helps you? Why?
- What things have you learnt to do by yourself?



DOING THINGS BY OURSELVES

Work in pairs or small groups. Read the dialogues and pay attention to the words in bold.

Decide: does everyone do these things by themselves or with the help of others?



A: Who has fixed the bike?

B: I did it by **myself**.



A: Oh no, what has happened to John?

B: He's hurt **himself**. He fell down the stairs.



A: This cake is delicious. Who has baked it?

B: Anna baked it **herself**.



A: I don't know which dress to wear.

B: Look at **yourself**. You look beautiful in both of them.



A: Where is my cat?

B: It's cleaning **itself** after eating.



A: You both look tired.

B: Yes, we have moved all the furniture **ourselves**.



A: Did your neighbours hire builders?

B: No, they have built the garage by **themselves**.



A: Welcome to our house. Please, make **yourselves** comfortable.

B: Thank you, that's kind.

REFLEXIVE PRONOUNS

Read the rules and complete the chart with the correct reflexive pronouns.

- We use reflexive pronouns when the subject and the object are the same person/thing.

I looked at myself in the mirror.

- We can use reflexive pronouns to emphasise that someone does it personally, not anybody else.

Anna baked it herself.

- We can use **by** + reflexive pronoun to mean **alone or without help**.

They built the garage by themselves.

He usually cooks dinner by himself.

Note!

- We do not use reflexive pronouns with the verbs *concentrate, feel, meet* and *relax*.

I feel good. (NOT: I feel myself good.)

- The verbs *dress, wash* and *shave* are not normally followed by a reflexive pronoun.

He washed, shaved and then dressed and went to work.

- **Form:** Reflexive pronoun = personal pronoun + -self (singular) / -selves (plural).

I → _____

We → ourselves

You (singular) → yourself

You (plural) → _____

He → _____

They → _____

She → _____

It → _____



1. Choose the correct option. Underline the right answer.

1. I looked at **myself / herself** in the mirror.
2. Be careful! Don't cut **himself / yourself** with that knife.
3. My sister has cooked this pasta **herself / themselves**.
4. We painted the living room **himself / ourselves**.
5. The company is trying to improve **itself / herself** every year.
6. Did you do the homework **ourselves / yourself**?
7. They introduced **themselves / myself** to the new teacher.
8. My little brother dressed **himself / yourselves** this morning.
9. Nobody wanted to help, so she cleaned the bathroom **itself / herself**.
10. John repaired his bike **himself / herself**.
11. The machine turned off by **ourselves / itself**.
12. Children, behave **yourselves / herself**, please!

FIXED EXPRESSIONS

Here are some fixed expressions with reflexive pronouns. Imagine you are in these situations. What would you say? Work in pairs and compare your answers.

1



Your friend is at your house.
You have prepared food and drinks.

2



Your guest is visiting you.
You want them to feel relaxed.

3



You are the manager. A new colleague has joined the team.

4



A child is noisy and misbehaving.

5



Your friend has been working hard and goes shopping to relax.

6



There is a virus in the city.
You warn your friends.

7



You are hosting a party. Your guests are dancing and laughing.

8



Your grandfather has a cold.
You give him advice.

Enjoy yourself!

Treat yourself!

Help yourself!

Take care of yourself!

Behave yourself!

Protect yourself!

Make yourself at home!

Introduce yourself!

REFLEXIVE PRONOUNS

1. Complete with the correct reflexive pronouns. Sometimes, more than one answer is possible.

1. Be careful, don't burn _____ on the hot pan.
2. I enjoyed _____ on holiday in Spain.
3. They organised the trip _____ without a teacher.
4. Tom often talks to _____ when he studies.
5. We taught _____ how to swim last summer.
6. The children were very happy, they enjoyed _____ in the park.
7. She introduced _____ to the new classmates.
8. Did you make this poster _____?
9. The baby can't dress _____ yet.
10. My brother repaired the computer _____.
11. At the party, please make _____ at home.
12. Sometimes I ask _____ difficult questions.

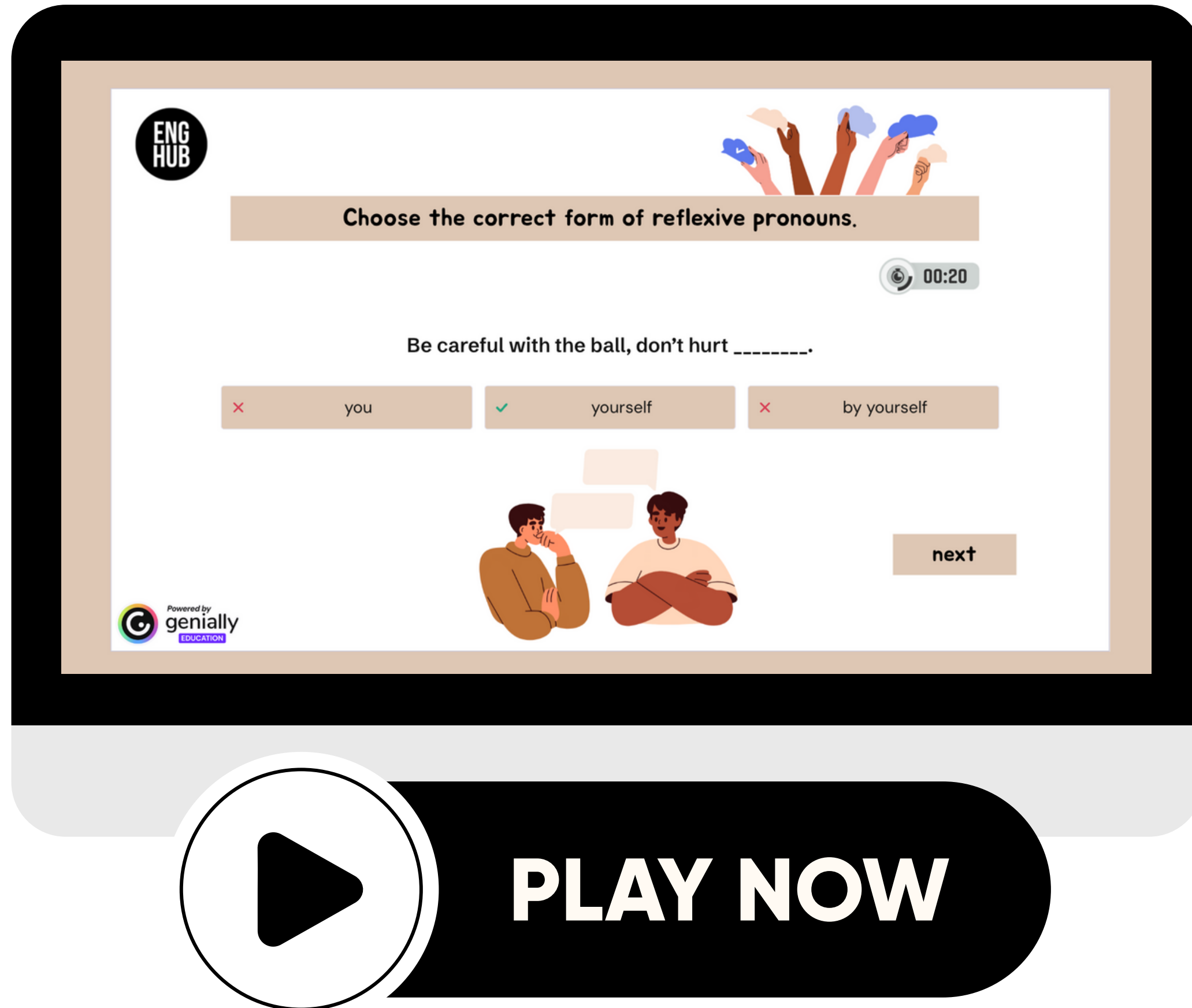
2. Write the correct subject pronoun (e.g. he, we, you) for the reflexive pronoun.

1. _____ hurt himself while playing football.
2. _____ made myself a sandwich.
3. _____ enjoyed themselves at the party.
4. _____ cut herself when she was cooking.
5. _____ taught ourselves to swim.
6. _____ happened by itself.
7. _____, children, should behave yourselves.
8. _____ repaired the car himself.
9. _____ baked the cake herself yesterday.
10. Did _____ enjoy yourselves at the concert?



MINI QUIZ

Read the sentence and choose the correct reflexive pronoun. Click on the right answer. Complete the task until time is up.



TRUE OR FALSE

Work in pairs or small groups. Look at the sentences. Decide if they are true or false for you. Then discuss with your partner and give more details.



My friend can't find a new place by himself without Google Maps.



I usually pack my suitcase by myself.



I always feel good when I exercise by myself.



My parents always organise their trips by themselves.



I can't cook complicated food by myself.



My TV often turns on by itself at night.



I never go to the cinema by myself.



I sometimes talk to myself in English.

NAME 3...

*Answer the questions
by naming 3 things.*



things teenagers can't do by themselves.

situations when you might hurt yourself.

things you can fix by yourself.

dishes you can cook by yourself.

places where you would travel by yourself.

reasons to be proud of yourself.

activities you would never do by yourself.

THE “OOPS!” STORY CHAIN

Play in small groups or in pairs.

The first student starts the story with: "Yesterday, I hurt myself in the kitchen..."

Each student adds one sentence using a reflexive pronoun (myself, yourself, himself, etc.).

The story can be serious or funny – the sillier, the better!



Student A: Yesterday, I hurt myself in the kitchen.

Student B: Then I looked at myself in the mirror and laughed.

Student A:...

EXTRA TASKS

1. Read the sentences. Only two of them are correct. Find the mistakes and correct them.

1. My brother built this company by herself. _____
2. We have enjoyed them at the party. _____
3. We painted the room by ourselves last month. _____
4. The cat hurt himself in the garden. _____
5. I reserved the tickets meself online. _____
6. He has introduced hissself to the new teacher. _____
7. You should be proud of yourself. _____
8. She did the homework us. _____
9. The kids have dressed their this morning. _____
10. Please, behave youself in class. _____



2. Complete the story with the correct reflexive pronouns (myself, yourself, etc.).

Last weekend, Mark and Lucy decided to spend the day in the city centre. They wanted to do something fun by _____, without their parents.

In the morning, Mark made breakfast by _____. He was proud because he usually needs help. Lucy looked at _____ in the mirror and said, "I'm ready for the day!"

They took the bus and bought tickets by _____. At the museum, the guide said, "Please, enjoy _____ and don't touch the paintings." Mark laughed to _____ because Lucy almost touched a big sculpture.

Later, they had lunch in a café. The waiter said, "Help _____ to water from the table." They enjoyed _____ eating pizza and talking. Suddenly, Mark spilled juice and said, "Oh no, I can't believe I did this to _____!"

In the evening, they went back home and told their parents everything. They were tired but very happy. They said to _____, "It was a great day, and we will do it again soon."

EXTRA TASK

Read the sentences below and complete them with your own ideas.

1. I always tell myself _____
2. My friend sometimes laughs at himself when _____
3. Last year I taught myself _____
4. A machine can work by itself when _____
5. You should trust yourselves when _____
6. My friends and I enjoyed ourselves when _____
7. A cat can't look after itself because _____
8. My colleague sometimes reminds herself to _____
9. You can be proud of yourself if _____
10. When I feel bad, I buy myself _____
11. You should protect yourself when _____
12. I sometimes ask myself _____



EXTRA TASK

Create a sentence about each picture using reflexive pronouns.



ONE DAY BY MYSELF

Imagine you woke up and there is nobody around you. Write 6–8 sentences about your day when you did everything absolutely alone. Use at least 3 reflexive pronouns (myself, yourself, etc.)

Yesterday I woke up and...

[illegible]

THANK YOU!

